


# Nutritionized Menu



Monday	Tuesday	Wednesday	Thursday	Friday
 1/6		1/1  School Closed	1/2 Cheese Quesadillas Mixed Vegetables Tortilla Chips Fresh Fruit	1/3 Pasta and Marinara Sauce Corn Bread Pretzels Fresh Fruit
1/6 Macaroni & Cheese Peas Applesauce Whole Grain Dinner Roll	1/19 Turkey & Cheese Sandwiches Mixed Vegetables Chex Mix Fresh Fruit	1/10 Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	1/11 Hot Dogs & Buns Tortilla Chips Mixed Vegetables Fresh Fruit	1/12 Cheese Ravioli in Marinara Sauce Butternut Squash Fresh Fruit Wheat Bread
1/13 Vegetarian Bean Chili Steamed White Rice Green Peas Apple Corn Bread	1/14 Buttered Noodles Green Beans Pretzels Fresh Fruit Bread	1/15 Fajitas Chicken Skillet Corn Oranges Tortillas	1/16 Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	1/17 Turkey and Cheese Roll ups Mixed Vegetables Fresh Fruit Tortilla Chips
1/20 School Closed!  MLK DAY/Staff Training	1/21 BBQ Pulled Chicken Rainbow Potatoes Broccoli Bun	1/22 Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	1/23 Buttered Noodles Green Beans Pirates Booty Fresh Fruit Bread	1/24 Ziti Chicken in Creamy Red Sauce Butternut Squash Fresh Fruit Bread
1/27 Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	1/28 Chicken Lo Mein Cauliflower Banana Wheat Bread	1/29 Three Cheese Pasta Bake Green Peas Oranges Wheat Bread	1/30 Chicken Nuggets Mixed Vegetables Fresh Fruit Pretzels	1/31 Turkey and Cheese Roll ups Mixed Vegetables Fresh Fruit Tortilla Chips

Our Chicken is 100% Natural, no artificial ingredients, no artificial colors, no preservatives. 2015 menus provided by Quality Catering approved by Emily Botma, P regarding these entrées is available on our website.

